

## THURSDAY MORNING - RISE and SHINE Ladies' Oasis

We will meet **September 22, October 6 & 20, November 3 & 17, December 8, January 5 & 19, February 2 & 16, and March 2**  
Moms can drop children off as early as 9:20 before they go to their class. Please note, moms must stay for the gathering/teaching.

\*Registration is required for all classes, even if there is no cost\*.

These are NON RECITAL classes. Spots in the child activities are limited, so please know that when you register, you are committing to coming to the dates listed above.

Studio A	Studio B	Studio C	Studio D/back waiting area	CLASSROOM	KID ZONE
9:30 – 10:30 Fitness Fun for ages 6 & up with Ms. Amy Class #Rise 1 *No Cost	9:30 – 10:30 School & Screens for ages 10 & up with Ms. Crystal *send your child with some easy schoolwork, a device or anything else to keep them busy! They will also be able to quietly socialize during this time too! Class #Rise 2 *No Cost	9:30 – 10:30 Play Time for 4-5 year olds with Miss Raegan & Miss Dawn *your little one will be entertained the entire time as they get to play, dance and read stories while you are being encouraged. Class #Rise 3 *No Cost	9:30 – 10:30 Play Time for 1-3 year olds with Miss Lydia, Miss Clara & Miss Nina *your little one will be entertained the entire time as they get to play and read stories while you are being encouraged. Class #Rise 12 *No Cost	9:30 – 10:30 Art Class for 6 – 10 year olds with teens Miss Ainsley & Miss Morgan *Make a craft with bible verses and enjoy a kid-friendly devotion time. Class #Rise 4 \$20 for entire session (to cover art supplies used)	9:30 – 10:30 Women of Faith gather for 20 minutes of encouragement/teaching. Followed by group discussion & prayer (babies and little ones under the age of 1 are welcome to join us). Class # Rise 5 *No Cost
10:45 – 11:15 30 minute Quick Fit for teens AND adults with Ms. Sarah Class #Rise 6 \$35 for the entire session	10:45 – 11:15 Recess Style Games & Fun for ages 6 & up with Ms. Amy (they may go outside for this, so please send children dressed accordingly) Class #Rise 7 \$35 for the entire session	10:45 – 11:15 Intro to Jazz for 4-6 year olds (Teen Taught by Miss Raegan) Class #Rise 8 \$35 for the entire session	10:45 – 11:15 Music & Movement style class for 3 – 5 year olds (Teen Taught by Miss Morgan & Miss Nina) Class #Rise 9 \$35 for the entire session	10:45 – 11:15 Coloring Corner for 6 – 9 year olds with Miss Dawn Class #Rise 10 *No Cost	10:45 – 11:15 Supervised play for little ones ages 1-2 with Miss Ainsley Class #Rise 11 *No Cost
11:15 – 11:45 OPEN STUDIO (All studios will be open for dancing, playing and getting energy out!)					

