

## Intermediate 2 Lyrical Syllabus

General Goals: intermediate lyrical skills and teaching ballet/lyrical technique

### Skills taught:

- Battement (Straight kick)
- Connecting and expression with the lyrics
- Compass turns
- Inside pirouette
- Piqué turn
- Chaîné turns
- Lyrical runs
- Rond de jambe en l'air
- Attitude turns
- Shoulder rolls
- Développé kick
- Pas de bourrée
- Piqué (ding ding ding)
- Spotting
- Improv
- Hinge kicks
- Brush leaps
- Lunges
- Waltz step
- Body rolls
- Isolations/contractions
- Surprise leaps
- Center leaps
- Partner work
- Floor work- knee and seat rolls
- Tour jeté
- Lindy
- Cartwheels
- Splits and stretching
- Handstands
- Outside pirouette
- Tricks/stunts
- Stag leaps
- Développé leaps
- Fan kicks and inverted fan kicks
- Variations of step slides
- Calypso

### Skills introduced:

- Double piqué turn
- Pas de Bourrée triplet
- Turning pas de bourrée
- Fouetté jumps
- Axel turns
- Firebirds
- Barrel turns
- à la seconde turns
- Axel tuck jumps
- Fouetté turns
- Barrel jumps
- Cabrioles

### Classroom Etiquette:

- Entering class ready to dance and on time
- Ready to warm up
- Lyrical shoes on, hair pulled back, no gum
- Using the bathroom before class only
- Raising their hands before sharing with the teacher or the class
- Trying all new moves introduced in class
- Exhibiting a positive attitude in class